

# Baseball Team Devotion-The Four Seam Fastball

Scripture: Luke 11:5-13

Every pitcher known as a power pitcher has a great four seam fastball. This pitch tends to have a lot of movement and is thrown with great velocity. Hall of Fame pitcher Nolan Ryan, now President of the Texas Rangers, who pitched into his 40's was known for his four seam fastball that was often clocked in the upper 90's. Nolan Ryan has the Major League record for career strikeouts with 5,714. Many of those strikeouts were due to his four seam fastball. Whenever power pitchers get in trouble they reach back for a little extra and throw their power pitch, the four seam fastball. That pitch more often than not provided them a way to get out of trouble and retire the side.

In today's Scripture Lesson Jesus is teaching us to be persistent in asking God for the Holy Spirit. Any Christian who is serving God is doing so through the power of the Holy Spirit. God is just waiting because of His great love for us to give us the Holy Spirit, the power source. When we struggle with life, it is God's Spirit that provides the direction and power we need to overcome the tough times. Just like a power pitcher like Nolan Ryan had the power of a 98 mile per hour fastball, we have the power of the indwelling Holy Spirit. Everyone one of you who is a pitcher would like to have a great four seam fastball in the upper 90's. As a believer it makes sense then for us to have the real power of God in our lives, the Holy Spirit. And the great thing is for those who believe, God is just waiting for us to ask for His power, His Holy Spirit. Today have you been trying to live the Christian life in your own strength and power? Just think, God is waiting to give us His Holy Spirit and all we have to do is keep on asking. Are you ready to live your life by God's power? The power is only a prayer away!

Visual aid: Ask a pitcher if older to show his four seam fastball grip. Be sure to have a baseball.